



// PRESENCE
IN THE WILD

NATURE QUEST IN THE
CARPATHIANS

AUGUST 29TH - SEPTEMBER 5TH 2021

WALTER BERTOLINI / DIN VAN HELDEN / WAY OF NATURE AUSTRIA



'PRESENCE IN THE WILD' is an 8-day retreat and profound experience of the self in the pristine nature of the Southern Carpathians in Romania. This **NATURE QUEST** is a unique opportunity to experience deep immersion in nature. Out in this wild nature, you can give your mind and body a deep relaxation. Your whole being will get more aligned with life itself. This often deep experience of connectedness, presence and clarity is such a healthy ground to (re) connect with your true intentions.

This programme involves 4 days and nights solo time in nature. At the heart of this process are ideas drawn by **JOHN P. MILTON** (founder of Way of Nature) and other transformative practices. All to support you in releasing blockages and strengthen the ability to see and consciously experiencing yourself as an interconnected, interdependent partner of nature.

This journey in the remote Carpathian Mountains, serves in;

- Conscious time off, to refocus yourself and engage curiously in an inner reorientation,
- Detaching yourself from the busy everyday life, to relax and, if necessary, to face inner 'blockages' in a friendly way, to let go where it makes sense to do so,
- Experiencing a profound connection with your deepest intentions, the underlying potentiality of life force and recharging your life/ (self-) leadership task at its root,
- Taking the seeds from this experience back into your everyday life.

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“Those who will
flow as life flows
know they need
no other force”
– Lao Tzu

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A few key facts about the retreat:

ROUGH SCHEDULE: Sunday August 29th - Sunday 5th of September 2021

Arrival on Saturday August 28th (if possible)

On the morning of Sunday 29th August - start at our base camp in Sinca Noua (Guesthouse Equus-Silvania), – Check in, get settled and time for inner preparation.

Departure to our mountain camp in the Southern Carpathians (Fagaras Mountains) on the 31st of August. Then from the 31st till September 4th Solo time in the seclusion of the Fagaras mountains and forests. On the 4th of September we will return to our home base Sinca Noua (Equus-Silvania) and close the program at September 5th at noon. We recommend to book your travels back on September 6th.

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Key Facts:
Sunday 29.8. –
Sunday 5.09. 2021
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LOCATION: Our homebase for Day 1/2 and Day 7/8 is Sinca Noua, Equus-Silvania Guesthouse / www.equus-silvania.com
Between day 3 and day 7 we are in the mountains / forest in the Fagaras mountains (about 1.5 hours away from the starting point- by Jeep or 2,5 hours hike/ baggage will be brought by a Jeep) and then 4 days / nights Solo at 'your spot' (tent).

ARRIVAL / DEPARTURE: Flight to Bucharest or Sibiu (Sibiu) or train to Brasov and then by shuttle to Sinca Noua and back.



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**to be alone
and together
with others
working at the
„essence“**
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EXPECTED COSTS:

Privat: €1.560 - incl. 20% VAT,

Corporate €1650 – excl 20% VAT (€1980)

This price includes training and guiding expenses, transport to and from solo sites as well food on the solo sites. Not included: travel costs to our homebase Sinca Noua/ Equus Sylvania and the stay at our homebase (4-5 nights depending on individual arrival and departures).

COACHES UND GUIDES:

Walter Bertolini & Din van Helden/ Way of Nature Austria & Nature Guides von Carpathia (www.carpathia.org)

REGISTRATION AND REQUESTS/INQUIRIES:

either on the website www.transformationwithnature.com
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